Furul up with a literary career at 26, in 1956, with the publication of her first novel, "The Last of the Throckmorton Family," about the wool of the family's sheep. The novel was very well received and has been translated into several languages. She has also written several other novels and short stories, and her work has been widely praised for its rich and nuanced portrayal of rural life in Nepal. She is a recipient of the Padma Shri, the highest civilian award in Nepal, and has been named an honorary member of the Nepal Academy of Literature and Fine Arts. She is known for her skill in creating vivid and realistic characters and settings, and her work has been celebrated for its ability to capture the essence of rural life in Nepal.